



“When you are with someone, regard listening to them as the most important thing on your agenda at that time.”

– Cmr Mike Abrashoff, USS Benfold



www.oyf.com

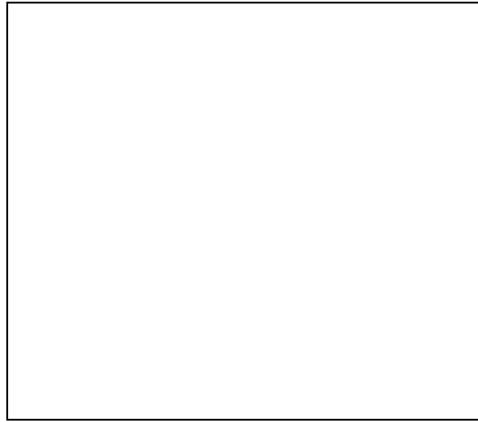
© 2009 On Your Feet

Everything's an Offer: Communication Strategies from the world of Improv

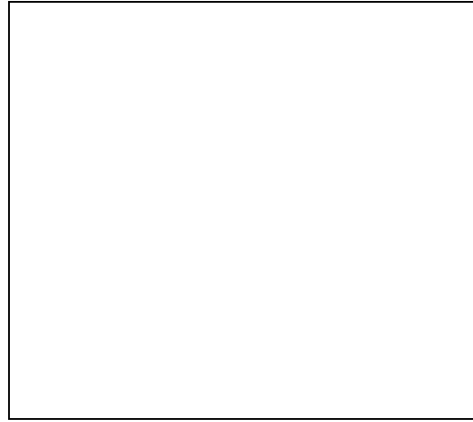
Presented by On Your Feet

State of Oregon Training Summit
April 28, 2009
Salem, OR

Describe a relationship where you are not getting the results you want.



#1 Let go of shadow stories
What assumptions are you making?



#2 Be fit and well
How can you show that?



Offers: a cheat sheet

Acquiesce

Recognize the offer in the affirmative but do nothing new with it.

(Not helpful for building a relationship)

Block

Don't recognize the offer and don't do anything with it.

(Not helpful for building a relationship)

Accept

Recognize the offer and do something with it.

(Helpful for building a relationship)



#3 Accept offers

Try it.

